



Volunteer Role Outline

Role title:
Engaging With Nature Project Volunteer
Based at location (please indicate if disabled access is available):
The Nature Discovery Centre, Thatcham.
Purpose of the role:
<ul style="list-style-type: none">• To offer practical support to both the Project Officer and Project Assistant, to deliver weekly outdoor 'Engaging With Nature' sessions aimed at improving the mental health and wellbeing of a group of attendees.• To share your delight in the natural world openly and facilitate opportunities for attendees to connect positively with the environment and wildlife found here on site.• To inspire people to look after and encourage wildlife in their local area.
Type of activity you will be involved in:
<ul style="list-style-type: none">• Initially sessions will run weekly every Friday with participants referred by local organisation Eight Bells for Mental Health.• There will be a selection of activities on offer / things which need setting up. This will include: a campfire, preparing food and drinks, wildlife exploration and a creative activity.• These sessions will be held outdoors in all weathers throughout the year. Suitable shelter and clothing will be provided as necessary.
Experience &/or qualifications needed:
Essential: <ul style="list-style-type: none">• Excellent communication skills• Enthusiasm• Friendly, approachable manner• Ability to attend training and occasional meetings• A basic understanding of Mental Health issues• An interest in Nature Therapy• Ability to volunteer with a range of people from different age groups and backgrounds Desirable: <ul style="list-style-type: none">• Relevant training and/or experience• Interest in wildlife conservation and the work of BBOWT
Times/days we would like you to be available (flexibility is often possible):

- Commitment to volunteer weekly (initially Fridays, but this may change in future according to requirements of each community group)

Benefits to volunteer & possible training opportunities:

- Induction as a BBOWT volunteer
- A wide range of opportunities to increase your skills and satisfy your interests
- A chance to experience managing a site for the benefit of people and wildlife
- Satisfaction of seeing the results and benefits of what you do
- Regular social events
- The volunteer newsletter, Grapevine
- Invitation to county-wide volunteer events
- Access to BBOWT 'Developing Your Skills' training courses (including leadership and first aid)

You will be responsible to:

Engaging With Nature Project Officer

References or CRB check required:

DBS check needed