



Volunteer Role Outline

Role title:
Engaging With Nature Project Volunteer
Based at location (please indicate if disabled access is available):
The Nature Discovery Centre, Thatcham.
Purpose of the role:
<ul style="list-style-type: none"> To assist in delivery of weekly outdoor 'Engaging With Nature' sessions, aimed at improving the mental health and wellbeing of a group of attendees referred by local organisation Eight Bells for Mental Health. To share your delight in the natural world openly and facilitate opportunities for attendees to connect positively with the environment and wildlife found here on site. To inspire people to look after and encourage wildlife in their local area.
Type of activity you will be involved in:
<ul style="list-style-type: none"> Assisting with set up for sessions, e.g. preparing food and drinks, a campfire, wildlife exploration, creative activity (training will be provided) There will be a selection of activities on offer / things which need setting up which will include: a campfire, preparing food and drinks, wildlife exploration and a creative activity. Relevant training will be provided. These sessions will be held outdoors in all weathers throughout the year. Suitable shelter and clothing will be provided.
Experience &/or qualifications needed:
<ul style="list-style-type: none"> Excellent communication skills Friendly, approachable manner An interest in Nature Therapy Ability to communicate and interact with a range of people from different age groups and backgrounds
Times/days we would like you to be available (flexibility is often possible):
<ul style="list-style-type: none"> Sessions will be held weekly on Fridays, , but this may change in future according to requirements of each community group
Benefits to volunteer & possible training opportunities:
<ul style="list-style-type: none"> Induction as a BBOWT volunteer

- A chance to experience managing a site for the benefit of people and wildlife
- Satisfaction of seeing the results and benefits of what you do
- Access to BBOWT 'Developing Your Skills' training courses (including leadership and first aid)
- A wide range of opportunities to increase your skills and satisfy your interests
- Regular social events
- The volunteer newsletter, Grapevine
- Invitation to county-wide volunteer events

You will be responsible to:

Engaging With Nature Project Officer

References or CRB check required:

DBS check needed